

# DIVORCE Recovery Workshop

**A Children's Workshop  
is also available  
and runs concurrently with  
the Adult Workshop.**  
( For children 4 yrs to Grade 12 )

**FEB 13 - MARCH 27, 2025**  
THURSDAY EVENINGS 7- 9 pm  
7 SESSIONS ( in a 7 week period )

## ■ Workshop Sessions

Deals with the emotions of a breakup  
and the basics of healing.

- Week 1:** Is This Really Happening To Me?
- Week 2:** Dealing with Your Former Spouse
- Week 3:** Assuming New Responsibilities
- Week 4:** Coping Skills for Down Days
- Week 5:** Thinking about Forgiveness
- Week 6:** New Family Formations
- Week 7:** New Relationships

## ■ Workshop Location

**Forks of Elkhorn Baptist Church**  
495 Duckers Road  
Midway, Kentucky 40347

## ■ Registration Fee **WAIVED**

Registration Fees have been eliminated as  
Fork of Elkhorn Baptist Church is sponsoring  
all future sessions:

### **"Our Forks gift to the community"**

There will be limited # of participant slots so  
register early. You will need to register at the  
website below.

## ■ Register

**ONLINE REGISTRATION:** [https://  
forksbaptist.org/divorce-recovery](https://forksbaptist.org/divorce-recovery)

## ■ Need Additional Information

**PHONE:** James Stillwell (859) 940-3241  
**EMAIL:** [fjstillwell@gmail.com](mailto:fjstillwell@gmail.com)

PRESENTED BY

**Dr. James  
Stillwell**  
MINISTRIES



**[DrJamesStillwell.com](http://DrJamesStillwell.com)**

## ■ Dr. James Stillwell

*Pastoral Counselor at Interfaith  
Counseling Center*

Dr. Stillwell is a master of divorce recovery  
and helps people learn from their past, while  
focusing on their future. Along with an  
impressive academic background, Dr. Stillwell  
has helped over 3,500 individuals and  
families through the divorce recovery process,  
and has 30 years ministry experience.

Dr. Stillwell is based in Lexington, and is a  
happily married grandfather and father of  
four children.

## WHICH ONE ARE YOU?

Thinking about divorce? In the process of  
separation, separated and not yet divorced?  
In the process of divorce, recently divorced, or  
divorced a long time ago? Parenting after  
divorce, divorced with no children, divorced  
with grown children? Initiator of the divorce,  
the one who was left in a divorce? Single again  
after a long relationship, grieving a breakup,  
celebrating the end of a bad marriage?

The case scenarios are many, but regardless  
of which scenario mirrors your situation,  
you can benefit from this course offered by  
Dr. James Stillwell.

